



**London Marathon – 22.04.2012**

First Name .....

Surname .....

Address .....

Postcode .....

Home Telephone Number .....

Work Telephone Number .....

Mobile Number .....

E-mail Address .....

Date of Birth .....

Employer .....

Occupation .....

Will your company match any amount you give to LINC (matched giving?)

Yes ..... No

Why do you want to run for LINC .....

.....

Have you run a marathon before?

Yes ..... No

If yes please provide further details

Have you previously raised money for a charity?

Yes ..... No

If yes please provide further details

Please tell us how much you think you could raise by running for LINC

£

Please give a few details of your ideas which would help you raise this amount

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Media coverage has a real impact on the number of participants that take part in events for LINC. Please let us know if you have a great story that newspapers and magazines may be interested in. By telling your story you will encourage more people to run for LINC and spread the word about our important work.

Please tick all that apply

- I am a cancer survivor
- I have lost a lot of weight
- I have never been sport but I now I am
- I am running as part of a team
- I am doing this to mark a milestone birthday or event
- I see this as a life changing event for me
- I have given up smoking to do this
- I would like to run in fancy dress
- I have another unusual story

Have you ever been involved in press/media work before?

Yes ..... No .....

Would you be happy for LINC to contact you to discuss your story?

Yes ..... No .....

If yes, when would be the best time to contact you?

Work 9 – 5 ..... Evening (6 pm) onwards .....

Please specify your preferred size for your LINC running vest.

Small ..... Medium ..... Large .....

One of our top tips is to have your name on the front of your running vest. Please provide your name, or nickname, up to a maximum of 6 characters.

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Terms and Conditions – by submitting this form I agree:

- To pay the registration fee of £100. This will be payable upon being offered a place and is **non refundable** if you should drop out.
- To pledge to raise a minimum of £1,500 (in addition to my registration fee)
- To pledge to send £200 of my sponsorship money in by 22<sup>nd</sup> February 2012
- To send all my sponsorship money in by 22<sup>nd</sup> May 2012
- To inform LINC as soon as possible if for any reason I am unable to take part
- To inform LINC if I have reason to believe that I will not be able to fulfil the sponsorship pledge