



Bupa London 10,000 Application Form 27th May 2012

First Name

Surname

Address

Postcode

Home Telephone Number

Work Telephone Number

Mobile Number

E-mail Address

Date of Birth

Employer

Occupation

Will your company match any amount you give to LINC (matched giving?)

Yes No

Why do you want to run for LINC

.....

Have you run a 10 k before?

Yes No

If yes please provide further details

.....

Have you previously raised money for a charity?

Yes No

If yes please provide further details

.....

Please tell us how much you think you could raise by running for LINC

£.....

Please give a few details of your ideas which would help you raise this amount

.....

Media coverage has a real impact on the number of participants that take part in events for LINC. Please let us know if you have a great story that newspapers and magazines may be interested in. By telling your story you will encourage more people to run for LINC and spread the word about our important work.

Please tick all that apply

- I am a cancer survivor
- I have lost a lot of weight
- I have never been sport but I now I am
- I am running as part of a team
- I am doing this to mark a milestone birthday or event
- I see this as a life changing event for me
- I have given up smoking to do this
- I would like to run in fancy dress
- I have another unusual story
-

Have you ever been involved in press/media work before?

Yes No

Would you be happy for LINC to contact you to discuss your story?

Yes No

Please specify your preferred size for your LINC running vest.

Small Medium Large

Terms and Conditions – by submitting this form I agree:

- To pay the registration fee of £50. This will be payable upon being offered a place and is **non refundable** if you should drop out.
- To pledge to raise a minimum of £300 (in addition to my registration fee)
- To send all my sponsorship money in by 28th June 2012
- To inform LINC as soon as possible if for any reason I am unable to take part
- To inform LINC if I have reason to believe that I will not be able to fulfil the sponsorship pledge

LINC does not accept any responsibility for any injury, loss or damage incurred during participation in the event.

Any participant who has any concern about his or her physical condition is advised to consult their doctor before taking part in the event.